



Preventive Health Services that must be covered in full by ACA requirements

Preventive health services can help you avoid illness and improve your health. Listed below is a summary of the preventive health services that are required to be fully covered as part of health care reform (the Patient Protection and Affordable Care Act, or ACA).*

You do not have to pay for these services when you get them from an MVP-participating (in-network) health care provider and the primary purpose of the office visit is to receive one of these preventive services.

- For more information about the Prevention Provisions, visit www.healthcare.gov/law/provisions/preventive/index.html.
- What preventive health services are right for you? Talk with your doctor, and visit our Web site for a helpful interactive tool. Go to www.mvphealthcare.com/member/live_healthy.html and click *Preventive Care Interactive Tool*.

For Adults

- Abdominal aortic aneurysm screening for men aged 65-75
- Adult immunizations
- Alcohol misuse screening and behavioral counseling
- Aspirin for the prevention of cardiovascular disease in men ages 45-79 and women ages 55-79
- Bone density (osteoporosis) screening for women
- Breast and ovarian cancer susceptibility testing (BRCA) and genetic risk assessment
- Breast cancer screening (mammography)
- Cervical cancer screening
- Chemoprevention of breast cancer, counseling for women
- Chlamydia screening for women and pregnant women
- Cholesterol abnormalities (lipid disorders) screening for men aged 35 and older, and men and women at risk of coronary heart disease
- Colorectal cancer screening – colonoscopy, sigmoidoscopy, laboratory and pathology
- Depression screening for adults
- Diabetes screening for adults
- Diet, behavioral counseling in primary care to promote a healthy diet – dietician and physician
- Gonorrhea and screening for women and pregnant women
- High blood pressure screening
- HIV screening
- Lipid screening
- Obesity screening and counseling
- Sexually-transmitted infections counseling for at-risk populations
- Syphilis infection screening in at-risk populations
- Tobacco use and tobacco-caused disease counseling

For Pregnant Women

- Asymptomatic bacteriuria screening (UTI) in pregnant women
- Breastfeeding, primary care interventions to promote
- Daily folic acid supplements for women capable of becoming pregnant
- Hepatitis B virus infection screening
- Iron deficiency anemia screening and prevention for pregnant women
- Rh (D) incompatibility screening in pregnant women
- Sexually-transmitted infections counseling for pregnant women
- STD testing based on risk (other than Chlamydia, HIV) in pregnant women

For Newborns and Children

- Congenital hypothyroidism screening in newborns
- Fluoride supplements for preschool children when water source is inadequately fluoridated
- Major depressive disorder in children and adolescents, screening
- Gonorrhea, prophylactic medication for newborns
- Hearing loss, newborns
- Iron supplements for at-risk infants 6-12 months
- Obesity screening and counseling for children
- Phenylketonuria (PKU) screening in newborns
- Sickle cell disease screening in newborns
- Tuberculosis screening for at-risk children
- Visual impairment screening for children younger than age 5 years

*Grandfathered and self-funded group plans may not be subject to these requirements; check with your employer for more information. This document is intended to provide a general outline regarding preventive services. Please refer to your plan documents for the specific terms of your coverage. This information should not be construed as legal or tax advice or as a recommendation of any kind regarding health care reform.

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